



THIS WEEK'S MENU

WEEK COMMENCING
15 OCTOBER 2018



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	JERK SPICED CHICKEN THIGH	MINCED LAMB & ONION PIE	ROAST GAMMON WITH GRAVY	CRESCENT BURGER BAR BEEF OR CHICKEN	BAKED BREADED POLLOCK FILLET
VEGETARIAN	JERK SPICED HALLOUMI	MIXED BEAN & VEGETABLE PIE	BROCCOLI, RED ONION & FETA TART	SPICY 5 BEAN VEGGIE BURGER	FALAFEL WITH MINT YOGHURT & PITTA BREAD
POTATOES/RICE/PASTA	RICE & PEAS	HERBY POTATOES	BOILED NEW POTATOES	POTATO WEDGES	STEAK CUT CHIPS
VEGETABLES	GREEN BEANS	SWEDE & CARROT	ROASTED ROOT VEGETABLES	COWBOY BEANS & SWEETCORN	SWEETCORN & PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	EVE'S PUDDING WITH CUSTARD	CHOCOLATE CRISPY CAKE & CHOCOLATE SAUCE	CARROT CAKE	SEASONAL FRUIT SALAD	RASPBERRY MUFFINS